

**County of Tioga  
EXECUTIVE PROCLAMATION**

WHEREAS: October is nationally recognized as Dental Hygiene Month;  
and

WHEREAS: Good oral hygiene is important in the prevention of diseases  
such as tooth decay, periodontitis, gingivitis, and oral cancer; and

WHEREAS: Combining 2019 and 2020 data, the Tioga County Dental  
Van saw 1690 patients with tooth decay, with almost 60% having  
extensive disease; and

WHEREAS: Brushing your teeth at least twice per day and flossing no  
less than once per day are crucial components of good oral health;  
and

WHEREAS: Consuming a healthy diet which emphasizes fruits and  
vegetables and limits sugary foods and beverages is also critical for  
preventing oral disease; and

WHEREAS: Routine visits to a dental professional can aid in early disease  
detection; and

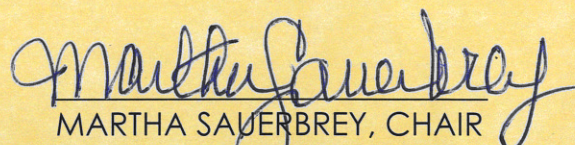
WHEREAS: The Tioga County Dental Van is an affordable option that is  
available to all Tioga County residents for routine oral care; therefore

THE TIOGA COUNTY LEGISLATURE does hereby proclaim the month of  
October 2021 as

**DENTAL HYGIENE MONTH**

and urges all residents to practice and prioritize oral hygiene and  
ensure they are up-to-date on routine examinations and cleanings.

Dated: October 12, 2021

  
MARTHA SAUERBREY, CHAIR  
TIOGA COUNTY LEGISLATURE

